**EMERGENCY PROCEDURES – NORTH TIPPERARY**

**CHILD PROTECTION SOCIAL WORK DEPARTMENT NUMBERS**

* North Tipperary Child Protection Service, Nenagh 067 41934
* St Mary’s Health Centre, Thurles 0504 23211
* **Office Hours are 9.30am- 5pm, Duty is normally from 2pm- 5pm**

**Outside these hours any child protection concerns should be reported to An Garda Siochana**

* Nenagh (067) 50450
* Thurles (0504) 25100
* Roscrea (0505) 24230

**In the event of a person presenting with a severe mental health issue/suicidal thoughts (out of hours, from 4.30pm), please contact the Crisis Intervention Nurse;**

* Crisis nurse is available from 4.30pm to 3am, 7 days per week. Contact accident and emergency or Shannon doc on 0868306663

Other contacts are;

* Pieta House (can self-refer) 01 601 0000 **(day time only)**
* Samaritans 1850 60 9090
* 1 life Suicide helpline 1800 247 100 or text HELP to 51444
* CAMHS 061 483388/ 061 412247 **(referral through GP only)**

**In the event of a domestic abuse incident/ refuge required please ask woman to contact**

Adapt Services, Limerick, 1800 200 504

Clare Haven Services, Ennis 065 6822435

Cuan Saor, Clonmel, Tipperary, 180 576 757

Galway, Cope Waterside Refuge, 091 565985

Kerry, Adapt, Tralee, 066 129100

Cork, Cuan Lee Refuge, 0214277698

**AMEN helpline for men – 046 9023718**

**Homelessness - call 06734522**